

# Stadtwerke Lauf Niebüll

09. Mai 2004

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## Ergebnis M / W - Altersklassen

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### Hauptlauf ( 10000 m )

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#### Hauptlauf M - 30

| Pos | StNr | Gesamt   | Name         | Vorname | Jg.  | Verein / Ort     | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|---------|------|------------------|------|-----|------------|
| 1   | 210  | 00:36:04 | Kecler       | Sczymon | 1970 | Ploty            |      |     | 7          |
| 2   | 215  | 00:38:38 | Friedrichsen | Volker  | 1971 | SV Enge-Sande    |      |     | 9          |
| 3   | 65   | 00:41:11 | Thomsen      | Arne    | 1970 | SZ Arlewatt      |      |     | 24         |
| 4   | 136  | 00:41:58 | Brüchmann    | Frank   | 1970 | LAV Husum        |      |     | 30         |
| 5   | 100  | 00:42:25 | Görrissen    | Manfred | 1970 | LAV Husum        |      |     | 33         |
| 6   | 17   | 00:44:05 | Magnussen    | Martin  | 1970 | Bredstedter TSV  |      |     | 49         |
| 7   | 155  | 00:45:01 | Ziriakus     | Marc    | 1974 |                  |      |     | 59         |
| 8   | 152  | 00:45:31 | Petersen     | Dirk    | 1971 |                  |      |     | 64         |
| 9   | 169  | 00:49:02 | Matthiesen   | Sven    | 1970 |                  |      |     | 87         |
| 10  | 157  | 00:51:02 | Pieczonka    | Helge   | 1970 | TSV RW Triathlon |      |     | 99         |

#### Hauptlauf M - 35

| Pos | StNr | Gesamt   | Name        | Vorname       | Jg.  | Verein / Ort              | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|---------------|------|---------------------------|------|-----|------------|
| 1   | 95   | 00:34:22 | Hinrichs    | Hauke         | 1967 | LAV Husum                 |      |     | 2          |
| 2   | 126  | 00:35:14 | Fries       | Volker        | 1967 | LAV Husum                 |      |     | 4          |
| 3   | 192  | 00:38:45 | Rosenbohm   | Jörg          | 1968 | SV Sylter Fitoiess        |      |     | 10         |
| 4   | 124  | 00:39:03 | Broders     | Harald        | 1965 | TSV Mildstedt             |      |     | 11         |
| 5   | 79   | 00:39:04 | Spieß       | Andreas       | 1967 | TSV Mildstedt             |      |     | 12         |
| 6   | 46   | 00:40:36 | Nackenhorst | Jens          | 1968 | Laufftreff Friedrichstadt |      |     | 15         |
| 7   | 54   | 00:40:45 | Karlsfeld   | Frank         | 1966 | TSV Tinum 66              |      |     | 16         |
| 8   | 89   | 00:40:46 | Gens        | Andreas       | 1969 |                           |      |     | 17         |
| 9   | 195  | 00:40:47 | Bahnssen    | Hans-Lorenz   | 1966 | TSV Süderlügum            |      |     | 18         |
| 10  | 218  | 00:41:01 | Paulsen     | Uwe           | 1968 | TSV RW Niebüll            |      |     | 21         |
| 11  | 92   | 00:41:20 | Grage       | Jörg          | 1969 | SV Enge-Sande             |      |     | 26         |
| 12  | 145  | 00:41:51 | Sönnichsen  | Michael       | 1966 | TSV Lindewitt             |      |     | 29         |
| 13  | 5    | 00:42:40 | Boennen     | Gernot        | 1968 |                           |      |     | 37         |
| 14  | 97   | 00:43:31 | Kunze       | Olaf          | 1969 | TSV RW Niebuell Triathlon |      |     | 42         |
| 15  | 88   | 00:43:39 | Dose        | Jens          | 1966 |                           |      |     | 45         |
| 16  | 33   | 00:44:08 | Dirks       | Rainer        | 1968 | Laufftreff Friedrichstadt |      |     | 51         |
| 17  | 193  | 00:44:20 | Schlott     | Werner        | 1965 | MTV Leck                  |      |     | 52         |
| 18  | 212  | 00:44:36 | Reinke      | Arnd          | 1966 | TSV Mildstedt             |      |     | 55         |
| 19  | 139  | 00:45:11 | Gerull      | Jens          | 1966 | MTV Gelting 08            |      |     | 60         |
| 20  | 222  | 00:45:52 | Schmidt     | Peter         | 1967 | TSV Westerland            |      |     | 66         |
| 21  | 221  | 00:46:16 | Matzen      | Jan           | 1967 | Bredstedter TSV           |      |     | 68         |
| 22  | 149  | 00:46:32 | Lehmann     | Hauke         | 1968 |                           |      |     | 69         |
| 23  | 70   | 00:46:33 | Ritter      | Sven          | 1966 | BOV IF                    |      |     | 70         |
| 24  | 189  | 00:46:40 | Overlander  | Hans-Heinrich | 1966 | SV Frisia 03              |      |     | 71         |
| 25  | 22   | 00:47:46 | Carstensen  | Hauke         | 1969 | SV Enge-Sande             |      |     | 76         |

# Ergebnis

## M / W - Altersklassen

### Hauptlauf ( 10000 m )

#### Hauptlauf M - 35

| Pos | StNr | Gesamt   | Name       | Vorname  | Jg.  | Verein / Ort              | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|----------|------|---------------------------|------|-----|------------|
| 26  | 13   | 00:48:09 | Jungjohann | Erik     | 1965 | 1. Flensburger Laufftreff |      |     | 81         |
| 27  | 68   | 00:49:03 | Carstensen | Sönke    | 1965 |                           |      |     | 88         |
| 28  | 179  | 00:49:19 | Kjir       | Ingo     | 1967 |                           |      |     | 89         |
| 29  | 165  | 00:50:44 | Rasztar    | Robert   | 1967 |                           |      |     | 96         |
| 30  | 61   | 00:50:52 | Luther     | Olaf     | 1965 | TSV Nord Harrislee        |      |     | 97         |
| 31  | 201  | 00:52:08 | Jensen     | Thorsten | 1968 | KiTa Sylter B ogen        |      |     | 103        |
| 32  | 40   | 00:52:10 | Bünter     | Urs      | 1967 |                           |      |     | 105        |
| 33  | 194  | 00:53:09 | Klingbiel  | Wolfgang | 1967 | Trottamundos              |      |     | 111        |
| 34  | 114  | 00:53:18 | Schindler  | Frank    | 1969 | Sportf. Bordelum          |      |     | 112        |
| 35  | 153  | 00:53:19 | Nickelsen  | Maik     | 1966 |                           |      |     | 113        |
| 36  | 78   | 00:53:34 | Klaus      | Stefan   | 1967 | EVS Sylt                  |      |     | 116        |
| 37  | 203  | 00:53:58 | Brosemann  | Jens     | 1967 |                           |      |     | 120        |
| 38  | 140  | 00:54:20 | Schmidt    | Uwe      | 1965 |                           |      |     | 124        |
| 39  | 208  | 00:56:19 | Schinnagel | Thore    | 1969 |                           |      |     | 129        |
| 40  | 111  | 01:00:05 | Schacherer | Sabine   | 1965 | KiTa Sylter Bogen         |      |     | 138        |

#### Hauptlauf M - 40

| Pos | StNr | Gesamt   | Name        | Vorname     | Jg.  | Verein / Ort              | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|-------------|------|---------------------------|------|-----|------------|
| 1   | 103  | 00:35:35 | Cibis       | Andre       | 1963 | LAV Husum                 |      |     | 6          |
| 2   | 105  | 00:40:17 | Danklefsen  | Andreas     | 1960 | LAV Husum                 |      |     | 14         |
| 3   | 3    | 00:40:59 | Jochimsen   | Werner      | 1960 | 1. Flensburger Laufftreff |      |     | 19         |
| 4   | 123  | 00:41:08 | Jeutter     | Klaus       | 1961 | TSV Mildstedt             |      |     | 23         |
| 5   | 150  | 00:41:16 | Rudies      | Bernd       | 1963 | Borener SV                |      |     | 25         |
| 6   | 154  | 00:41:29 | Gilgen      | Jens-Uwe    | 1962 | TSV RW Triathlon          |      |     | 27         |
| 7   | 122  | 00:42:42 | Kühl        | Horst       | 1962 | TSV Mildstedt             |      |     | 38         |
| 8   | 198  | 00:43:33 | Popp        | Dietmar     | 1962 | WTB                       |      |     | 43         |
| 9   | 73   | 00:44:23 | Schattling  | Klaus       | 1962 | LG Niebüll/Süderlügum     |      |     | 53         |
| 10  | 213  | 00:44:32 | Kogel       | Hans-Dieter | 1961 |                           |      |     | 54         |
| 11  | 10   | 00:44:54 | Carstensen  | Thomas      | 1964 | SV Enge-Sande             |      |     | 57         |
| 12  | 158  | 00:46:41 | Wojnarowski | Thomas      | 1963 |                           |      |     | 72         |
| 13  | 84   | 00:48:00 | Japsen      | Thorsten    | 1964 |                           |      |     | 79         |
| 14  | 211  | 00:49:25 | Genge       | Thomas      | 1964 |                           |      |     | 91         |
| 15  | 67   | 00:51:58 | Freiberg    | Wolfgang    | 1960 |                           |      |     | 101        |
| 16  | 171  | 00:52:09 | Siedenber   | Detlef      | 1963 |                           |      |     | 104        |
| 17  | 190  | 00:53:51 | Bock        | Manfred     | 1962 |                           |      |     | 118        |
| 18  | 81   | 00:54:05 | Federsel    | Martin      | 1962 |                           |      |     | 123        |
| 19  | 128  | 00:56:34 | Linxweiler  | Uwe         | 1964 |                           |      |     | 131        |
| 20  | 91   | 01:03:53 | Petersen    | Nico        | 1960 |                           |      |     | 143        |

#### Hauptlauf M - 45

| Pos | StNr | Gesamt   | Name           | Vorname | Jg.  | Verein / Ort          | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------------|---------|------|-----------------------|------|-----|------------|
| 1   | 181  | 00:42:32 | Nissen-Hünding | Klaus   | 1956 | Humptrup Bulls        |      |     | 34         |
| 2   | 63   | 00:42:46 | Lorenzen       | Uwe     | 1955 | LG Niebüll/Süderlügum |      |     | 39         |
| 3   | 142  | 00:43:22 | Brodersen      | Günther | 1958 |                       |      |     | 41         |
| 4   | 32   | 00:43:57 | Witt           | John    | 1956 |                       |      |     | 47         |
| 5   | 184  | 00:44:54 | Andresen       | Holger  | 1957 | SV Enge-Sande         |      |     | 56         |

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# Ergebnis M / W - Altersklassen

## Hauptlauf ( 10000 m )

### Hauptlauf M - 45

| Pos | StNr | Gesamt   | Name           | Vorname         | Jg.  | Verein / Ort          | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------------|-----------------|------|-----------------------|------|-----|------------|
| 6   | 185  | 00:44:55 | Vogel          | Bernhard        | 1958 |                       |      |     | 58         |
| 7   | 87   | 00:45:12 | Nissen         | Hartmut         | 1958 |                       |      |     | 61         |
| 8   | 137  | 00:45:18 | König          | Roland          | 1955 | LAV Husum             |      |     | 63         |
| 9   | 26   | 00:45:50 | Ahrens         | Jörg            | 1958 |                       |      |     | 65         |
| 10  | 191  | 00:46:04 | Stühmohr       | Klaus           | 1957 | TSV Westerland        |      |     | 67         |
| 11  | 83   | 00:47:10 | Petersen       | Hans-Thomas     | 1956 |                       |      |     | 74         |
| 12  | 25   | 00:48:05 | Möller         | Rüdiger         | 1959 |                       |      |     | 80         |
| 13  | 217  | 00:48:44 | Nöller         | Horst           | 1956 | Enge-Sande            |      |     | 84         |
| 14  | 50   | 00:48:51 | Fliegauf       | Armin           | 1956 | TSV Ladelund          |      |     | 85         |
| 15  | 20   | 00:49:39 | Jochims        | Burkhard        | 1959 | TSV RW Niebüll        |      |     | 92         |
| 16  | 164  | 00:50:01 | Hobohm         | Carsten         | 1957 |                       |      |     | 93         |
| 17  | 74   | 00:50:42 | Hansen         | Hans-Jürgen     | 1957 |                       |      |     | 95         |
| 18  | 62   | 00:52:18 | Bockholt       | Wilfried        | 1957 |                       |      |     | 106        |
| 19  | 28   | 00:53:57 | Joldrichsen    | Ulf             | 1959 | SV Adelby             |      |     | 119        |
| 20  | 183  | 00:54:01 | Dibbern        | Dirk            | 1955 | MTV Leck              |      |     | 121        |
| 21  | 58   | 00:55:03 | Fürst van Alen | Michael         | 1957 | Fürst&diethelm        |      |     | 126        |
| 22  | 141  | 00:55:19 | Andresen       | Meinert         | 1958 |                       |      |     | 127        |
| 23  | 49   | 00:56:27 | Carstensen     | Wilfried        | 1958 | TSV RW Niebüll        |      |     | 130        |
| 24  | 60   | 00:56:42 | Backes         | Christoph       | 1959 | Ruderclub Flensburg   |      |     | 132        |
| 25  | 177  | 00:58:46 | Andresen       | Christian Peter | 1957 |                       |      |     | 135        |
| 26  | 144  | 01:00:30 | Schramm        | Dieter          | 1955 | TSV RW Niebüll        |      |     | 139        |
| 27  | 1    | 01:01:37 | Eismann        | Bernd           | 1957 | LG Niebüll/Süderlügum |      |     | 140        |

### Hauptlauf M - 50

| Pos | StNr | Gesamt   | Name      | Vorname      | Jg.  | Verein / Ort             | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|--------------|------|--------------------------|------|-----|------------|
| 1   | 163  | 00:35:22 | Schüttler | Wilhelm      | 1954 | TV Waldstr. Wiesbaden    | GER- |     | 5          |
| 2   | 35   | 00:41:04 | Hündorf   | Bernd-Roland | 1953 | Lauftreff Friedrichstadt |      |     | 22         |
| 3   | 12   | 00:42:40 | Paysen    | Hauke        | 1954 | LG Niebüll/Süderlügum    |      |     | 36         |
| 4   | 2    | 00:43:40 | Bütow     | Eckhard      | 1951 | LG Horstedt              |      |     | 46         |
| 5   | 115  | 00:44:03 | Petersen  | Dieter       | 1952 | LAV Husum                |      |     | 48         |
| 6   | 45   | 00:47:51 | Boysen    | Wolfgang     | 1953 | 1. Flensburger Lauftreff |      |     | 77         |
| 7   | 86   | 00:49:21 | Greve     | Harald       | 1954 |                          |      |     | 90         |
| 8   | 69   | 00:52:41 | Klima     | Jiri         | 1952 |                          |      |     | 108        |
| 9   | 170  | 00:53:05 | Hansen    | Hans-Rainer  | 1953 | TSV Wanderup             |      |     | 109        |
| 10  | 182  | 00:54:02 | Thomsen   | Asmus        | 1953 |                          |      |     | 122        |
| 11  | 94   | 00:57:15 | Hansen    | Hans Wilhelm | 1953 | TSV Westerland           | GER- |     | 133        |
| 12  | 173  | 00:58:53 | Böhm      | Ingo         | 1954 | TSV RW Niebüll           |      |     | 136        |

### Hauptlauf M - 55

| Pos | StNr | Gesamt   | Name     | Vorname      | Jg.  | Verein / Ort             | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------|--------------|------|--------------------------|------|-----|------------|
| 1   | 223  | 00:48:18 | Otten    | Hermann      | 1949 | BSG Stadtwerke Flbg      |      |     | 82         |
| 2   | 30   | 00:50:35 | Patzak   | Herbert      | 1945 |                          |      |     | 94         |
| 3   | 4    | 00:55:35 | Heinrich | Heinz-Dieter | 1947 | 1. Flensburger Lauftreff |      |     | 128        |

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### Hauptlauf ( 10000 m )

#### Hauptlauf M - 60

| Pos | StNr | Gesamt   | Name             | Vorname      | Jg.  | Verein / Ort          | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------------|--------------|------|-----------------------|------|-----|------------|
| 1   | 96   | 00:39:44 | Molero-Membrilla | Jose         | 1941 | Spridon Schleswig     |      | 13  |            |
| 2   | 27   | 00:47:33 | Schuster         | Ekkehard     | 1943 | LG Niebüll/Süderlügum |      | 75  |            |
| 3   | 135  | 00:48:34 | Krentz           | Helge        | 1940 | Herzog-Akademie       |      | 83  |            |
| 4   | 133  | 00:54:35 | Petersen         | Hans Günther | 1940 | TSV RW Niebüll        |      | 125 |            |

#### Hauptlauf M - 65

| Pos | StNr | Gesamt   | Name      | Vorname | Jg.  | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|---------|------|--------------|------|-----|------------|
| 1   | 162  | 00:47:06 | Wittmeier | Leo     | 1935 | TSV Tinum 66 |      | 73  |            |
| 2   | 131  | 00:53:06 | Lilie     | Günter  | 1936 | Sportf. List |      | 110 |            |

#### Hauptlauf M - H

| Pos | StNr | Gesamt   | Name         | Vorname   | Jg.  | Verein / Ort              | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|-----------|------|---------------------------|------|-----|------------|
| 1   | 159  | 00:33:16 | Dethlefs     | Pascal    | 1983 | TSV Rendsburg             |      | 1   |            |
| 2   | 146  | 00:36:10 | van de Bergh | Marc      | 1976 | Borener SV                |      | 8   |            |
| 3   | 85   | 00:41:01 | Grünberg     | Holger    | 1981 | MTV Leck                  |      | 20  |            |
| 4   | 55   | 00:41:50 | Schluricke   | Sebastian | 1980 |                           |      | 28  |            |
| 5   | 196  | 00:42:08 | Schönrock    | Stephan   | 1981 | MTV Gelting 08            |      | 31  |            |
| 6   | 214  | 00:42:37 | Brauer       | Lars      | 1979 | Borener SV                |      | 35  |            |
| 7   | 34   | 00:43:15 | Töpfer       | Dietrich  | 1981 | 1. Flensburger Laufftreff |      | 40  |            |
| 8   | 72   | 00:43:36 | Thomsen      | Jan       | 1984 | TSV Drelsdorf             |      | 44  |            |
| 9   | 56   | 00:45:17 | Spaude       | Andre     | 1979 | LG Niebüll/Süderlügum     |      | 62  |            |
| 10  | 220  | 00:47:58 | Schütt       | Fabian    | 1981 |                           |      | 78  |            |
| 11  | 43   | 00:52:34 | Lindemann    | Christoph | 1982 | Wyker TB                  |      | 107 |            |
| 12  | 14   | 00:53:50 | Kuhn         | Simon     | 1984 | LG Niebüll/Süderlügum     |      | 117 |            |
| 13  | 224  | 00:59:35 | Suchalla     | Thorben   | 1982 | BSG Stadtwerke Flbg.      |      | 137 |            |

#### Hauptlauf M - JA

| Pos | StNr | Gesamt   | Name    | Vorname | Jg.  | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------|---------|------|--------------|------|-----|------------|
| 1   | 101  | 00:42:11 | Paulsen | Felix   | 1985 | LAV Husum    |      | 32  |            |

#### Hauptlauf M - JB

| Pos | StNr | Gesamt   | Name      | Vorname   | Jg.  | Verein / Ort       | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|-----------|------|--------------------|------|-----|------------|
| 1   | 202  | 00:34:32 | Peters    | Sönke     | 1987 | Spiridon Schleswig |      | 3   |            |
| 2   | 200  | 00:50:55 | Todsén    | Benjamin  | 1987 |                    |      | 98  |            |
| 3   | 113  | 00:57:55 | Oehmichen | Oliver    | 1988 |                    |      | 134 |            |
| 4   | 102  | 01:01:44 | Schmidt   | Christian | 1988 | LAV Husum          |      | 141 |            |

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## M / W - Altersklassen

### Hauptlauf ( 10000 m )

#### Hauptlauf M - SA

| Pos | StNr | Gesamt   | Name      | Vorname | Jg.  | Verein / Ort     | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|---------|------|------------------|------|-----|------------|
| 1   | 104  | 00:44:07 | Hansen    | Kasper  | 1989 | LAV Husum        |      |     | 50         |
| 2   | 143  | 00:48:52 | Brodersen | Wyn     | 1989 |                  |      |     | 86         |
| 3   | 39   | 00:53:27 | Paulsen   | Olaf    | 1989 | SV Germ. Breklum |      |     | 115        |

#### Hauptlauf M - SB

| Pos | StNr | Gesamt   | Name    | Vorname | Jg.  | Verein / Ort     | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------|---------|------|------------------|------|-----|------------|
| 1   | 38   | 00:51:59 | Paulsen | Jan     | 1991 | SV Germ. Breklum |      |     | 102        |

#### Hauptlauf M - SC

| Pos | StNr | Gesamt   | Name      | Vorname | Jg.  | Verein / Ort     | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|---------|------|------------------|------|-----|------------|
| 1   | 37   | 00:51:57 | Sieger    | Malte   | 1994 | SV Germ. Breklum |      |     | 100        |
| 2   | 24   | 00:53:22 | Nommensen | Nils    | 1994 | SV Germ. Breklum |      |     | 114        |
| 3   | 130  | 01:02:38 | Schröter  | Marvin  | 1993 | SV Enge-Sande    |      |     | 142        |

#### Hauptlauf W - 30

| Pos | StNr | Gesamt   | Name    | Vorname | Jg.  | Verein / Ort          | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------|---------|------|-----------------------|------|-----|------------|
| 1   | 77   | 00:37:23 | Paysen  | Karen   | 1973 | TSV Langenhorn        |      |     | 1          |
| 2   | 174  | 00:50:11 | Hicks   | Inken   | 1972 | TSV Westerland        |      |     | 15         |
| 3   | 209  | 00:52:06 | Pöhner  | Sabine  | 1970 |                       |      |     | 18         |
| 4   | 64   | 00:53:52 | Starck  | Susanne | 1974 | LG Niebüll/Süderlügum |      |     | 24         |
| 5   | 121  | 00:56:57 | Broders | Edda    | 1971 | TSV Mildstedt         |      |     | 34         |

#### Hauptlauf W - 35

| Pos | StNr | Gesamt   | Name             | Vorname | Jg.  | Verein / Ort                | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------------|---------|------|-----------------------------|------|-----|------------|
| 1   | 16   | 00:44:13 | Magnussen        | Dörte   | 1969 | Bredstedter TSV             |      |     | 3          |
| 2   | 11   | 00:46:11 | Jungjohann       | Ute     | 1969 | 1. Flensburger Laufftreff   |      |     | 8          |
| 3   | 99   | 00:48:36 | Harder           | Dörte   | 1968 | TSV Lindewitt               |      |     | 10         |
| 4   | 53   | 00:49:28 | Sörensen         | Marita  | 1967 | MTV Leck                    |      |     | 11         |
| 5   | 41   | 00:49:34 | Carstensen       | Eike    | 1969 |                             |      |     | 13         |
| 6   | 110  | 00:50:06 | Clausen          | Ulrike  | 1966 | LAV Husum                   |      |     | 14         |
| 7   | 166  | 00:50:51 | Luther-Feddersen | Susanne | 1968 |                             |      |     | 17         |
| 8   | 108  | 00:53:20 | Cibis-Lange      | Yvonne  | 1969 | LAV Husum                   |      |     | 21         |
| 9   | 134  | 00:54:06 | Vincentini       | Claudia | 1969 |                             |      |     | 25         |
| 10  | 29   | 00:54:28 | Kalkbrenner      | Helle   | 1968 |                             |      |     | 26         |
| 11  | 7    | 00:54:33 | Wiedemann        | Claudia | 1967 |                             |      |     | 27         |
| 12  | 66   | 00:54:42 | Thomsen          | Sandra  | 1967 | SZ Arlewatt                 |      |     | 28         |
| 13  | 109  | 00:55:51 | Wolf             | Anja    | 1966 | LAV Husum                   |      |     | 31         |
| 14  | 129  | 00:56:02 | Schröter         | Gesa    | 1965 | SV Enge-Sande               |      |     | 32         |
| 15  | 156  | 00:59:00 | Pieczonka        | Claudia | 1965 | SV Frisia 03 Risum-Lindholm |      |     | 43         |
| 16  | 23   | 00:59:11 | Jannsen          | Silke   | 1966 |                             |      |     | 44         |

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### Hauptlauf ( 10000 m )

#### Hauptlauf W - 35

| Pos | StNr | Gesamt   | Name     | Vorname | Jg.  | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------|---------|------|--------------|------|-----|------------|
| 17  | 118  | 01:01:01 | Dumstrei | Corinna | 1968 |              |      |     | 49         |

#### Hauptlauf W - 40

| Pos | StNr | Gesamt   | Name       | Vorname | Jg.  | Verein / Ort          | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|---------|------|-----------------------|------|-----|------------|
| 1   | 19   | 00:44:00 | Buchholtz  | Britta  | 1964 | LG Niebüll/Süderlügum |      |     | 2          |
| 2   | 120  | 00:45:20 | Jeutter    | Gönnna  | 1964 | TSV Mildstedt         |      |     | 6          |
| 3   | 59   | 00:46:08 | Hinrichsen | Ute     | 1964 | TSV Ladelund          |      |     | 7          |
| 4   | 107  | 00:48:05 | Herberich  | Maren   | 1963 | LAV Husum             |      |     | 9          |
| 5   | 207  | 00:52:47 | Westphal   | Beate   | 1960 | TSV Hanstedt          |      |     | 19         |
| 6   | 31   | 00:53:04 | Witt       | Ute     | 1963 |                       |      |     | 20         |
| 7   | 180  | 00:54:59 | Meyer      | Kirsten | 1964 | TSV RW Niebüll        |      |     | 29         |
| 8   | 106  | 00:55:26 | Bolz       | Manuela | 1964 | LAV Husum             |      |     | 30         |
| 9   | 8    | 00:58:03 | Marxen     | Frauke  | 1961 | TSV Husum 75          |      |     | 38         |
| 10  | 132  | 00:58:26 | Thielebein | Sylvia  | 1961 | Sportf. List          |      |     | 41         |
| 11  | 197  | 00:59:52 | Schattling | Ingrid  | 1963 | MTV Leck              |      |     | 47         |
| 12  | 90   | 01:03:53 | Slomianka  | Kerstin | 1964 |                       |      |     | 52         |

#### Hauptlauf W - 45

| Pos | StNr | Gesamt   | Name      | Vorname | Jg.  | Verein / Ort                | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|---------|------|-----------------------------|------|-----|------------|
| 1   | 82   | 00:45:12 | Schüttler | Alexa   | 1957 | TV Waldstr. Wiesbaden       | GER- |     | 5          |
| 2   | 147  | 00:57:57 | Ingwersen | Doris   | 1957 |                             |      |     | 36         |
| 3   | 36   | 00:58:08 | Winkler   | Sonja   | 1959 | SV Frisia 03 Risum-Lindholm |      |     | 39         |

#### Hauptlauf W - 50

| Pos | StNr | Gesamt   | Name    | Vorname | Jg.  | Verein / Ort                | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------|---------|------|-----------------------------|------|-----|------------|
| 1   | 117  | 00:44:23 | Brandts | Inge    | 1953 | MTV Leck                    |      |     | 4          |
| 2   | 48   | 00:53:50 | Bütow   | Monke   | 1954 | LG Horstedt                 |      |     | 23         |
| 3   | 151  | 00:56:05 | Matzen  | Anne    | 1952 | TSV Westerland              |      |     | 33         |
| 4   | 21   | 00:58:02 | Prahl   | Maike   | 1954 | LG Horstedt                 |      |     | 37         |
| 5   | 15   | 00:58:14 | Dohrn   | Ingrid  | 1953 | SV Frisia 03 Risum-Lindholm |      |     | 40         |
| 6   | 76   | 01:01:15 | Timme   | Anke    | 1954 | LG Schleswig Fehrdorf       |      |     | 50         |

#### Hauptlauf W - 60

| Pos | StNr | Gesamt   | Name            | Vorname   | Jg.  | Verein / Ort          | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------------|-----------|------|-----------------------|------|-----|------------|
| 1   | 160  | 00:49:33 | Gutbrodt        | Dietlinde | 1942 | MTV Leck              |      |     | 12         |
| 2   | 172  | 00:53:30 | Szugs           | Rita      | 1943 | TSV Westerland        |      |     | 22         |
| 3   | 71   | 01:00:16 | Schmidt/Tychsen | Barbara   | 1941 | LG Niebüll/Süderlügum |      |     | 48         |

# Ergebnis

## M / W - Altersklassen

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### Hauptlauf ( 10000 m )

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#### Hauptlauf W - H

| Pos | StNr | Gesamt   | Name      | Vorname | Jg.  | Verein / Ort          | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|---------|------|-----------------------|------|-----|------------|
| 1   | 176  | 00:58:37 | Starck    | Cordula | 1976 | LG Niebüll/Süderlügum |      |     | 42         |
| 2   | 42   | 00:59:46 | Martensen | Ilke    | 1976 | Wyker TB              |      |     | 46         |
| 3   | 204  | 01:01:42 | Liesner   | Nicole  | 1982 | Frisia 03             |      |     | 51         |

#### Hauptlauf W - JA

| Pos | StNr | Gesamt   | Name      | Vorname | Jg.  | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|---------|------|--------------|------|-----|------------|
| 1   | 112  | 00:57:31 | Oehmichen | Fanny   | 1986 |              |      |     | 35         |
| 2   | 148  | 00:59:36 | Ingwersen | Karina  | 1986 |              |      |     | 45         |

#### Hauptlauf W - SA

| Pos | StNr | Gesamt   | Name    | Vorname | Jg.  | Verein / Ort   | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------|---------|------|----------------|------|-----|------------|
| 1   | 75   | 00:50:22 | Jochims | Tanya   | 1990 | TSV RW Niebüll |      |     | 16         |

Einträge in der Liste: 195